

Catherine Shaker Seminars!
Join us for her acclaimed series

PEDIATRIC RESOURCES INC.
P O Box 1682
Windermere, FL 34786-1682

PEDIATRIC RESOURCES INC.
2012 Seminars

State-of-the-Art, Comprehensive, Cutting-Edge

**NICU SWALLOWING AND FEEDING:
In the Nursery and After Discharge**

- ❖ June 26-27 Sacramento, CA
- ❖ July 15-16 Dallas, TX
- ❖ Oct 8-9 Philadelphia area
- ❖ Oct 27-28 Yonkers, NY

**PEDIATRIC SWALLOWING/ FEEDING:
The Essentials**

- ❖ June 23-24 Sacramento, CA
- ❖ July 12-13 Dallas, TX
- ❖ Oct 5-6 Philadelphia area
- ❖ Oct 24-25 Yonkers, NY

**PEDIATRIC VIDEOFLUOROSCOPIC
SWALLOW STUDIES**

- ❖ June 25 Sacramento, CA
- ❖ July 14 Dallas, TX
- ❖ August 10 Chicago
- ❖ Oct 7 Philadelphia area
- ❖ Oct 26 Yonkers, NY

**NICU FEEDING FRUSTRATIONS:
A Cue-Based Approach
For the Entire Team**

- ❖ May 19-20 Los Angeles
- ❖ August 11-12 Chicago
- ❖ Sept 22-23 Boston

**TRACHEOSTOMY & SWALLOWING:
Pediatrics to Adult**

- ❖ August 13-14 Chicago

FACULTY

*Benefit from instructors who are highly experienced
with complex neonatal and pediatric patients*

Catherine Shaker MS/CCC-SLP, BRS-S is a Pediatric Speech-Language Pathologist with over 35 years experience with neonates, medically-fragile infants, and children through school age with complex needs across the continuum of pediatric settings. She is an ASHA Board Recognized Specialist-Swallowing. She has worked full-time in large Level III NICUs for over 27 years and currently works at Florida Hospital for Children in Orlando. She has published several manuscripts on NICU intervention, and co authored The Early Feeding Skills Assessment Tool with Dr. Thoyre. She provides swallow studies for children, and is NDT trained. Ms. Shaker has lectured in the US & Canada for therapists, nurses & physicians.

Theresa Gager MS/CCC-SLP has 26 years experience as a Pediatric Speech-Language Pathologist, with children from infancy through school age with complex swallowing, feeding, oral-motor and respiratory problems. She is NDT trained and has provided services to children in the schools, outpatient, home health, early intervention and the NICU. She teaches and consults nationally.

Michele Clouse MA/CCC-SLP is a Speech-Language Pathologist with over 20 years experience across the continuum of care, including 19 years working with complex swallowing issues of tracheostomized and ventilator dependent children and adults. She currently works for Wendell Foster's Campus for Developmental Disabilities in Kentucky, and is a clinical consultant for Passy-Muir Tracheostomy Speaking and Swallowing Valves. She has addressed many groups on a local, regional and national level.

Suzanne Thoyre RN, PhD is an Associate Professor at the University of North Carolina at Chapel Hill School of Nursing. Dr. Thoyre has worked as a neonatal nurse for 23 years and coordinated the Neonatal Nurse Practitioner Program at the University of North Carolina. She lectures internationally and teaches undergraduate and graduate pediatric nursing. Her research studies focus on the physiology of preterm infant feeding, mother/nurse-infant feeding interactions, and infants' behavioral and physiologic responses to specific feeding interventions.

NICU INTERVENTION:

Swallowing/Feeding Issues in the Nursery and After Discharge

INSTRUCTOR: Catherine Shaker

Cutting-edge 2 day course. Essential evidence-based information for managing the complex swallowing and feeding needs of preterm and sick term infants in the NICU and after discharge. Functional problem-solving approach to assessment and treatment, including a broad range of interventions. Case studies, videos of neonates feeding, and swallow studies enhance learning. Attendees often say this is "The best NICU course you can find!"

Learning Outcomes

- Describe the impact of medical and developmental issues on swallowing and feeding in the NICU
- Delineate the differences between feeding and swallowing behaviors: preterm infant vs. normal newborn vs. sick term infant vs. the chronically-ill premie
- Discuss assessment and treatment strategies for swallowing and feeding in this specialized population
- List strategies for managing the complex needs of these infants and their families in the nursery and through the transition to home and community

Seminar Content

- The NICU Experience: Family Perspective
- Impact of Medical and Developmental issues
- Term vs. Sick Newborn vs. Premie vs. Chronically Ill Preterm: issues and Strategies
- Typical development/progression to feeding
- Assessment in the NICU: Readiness, Safety, Swallow Studies, Recommendations, Documentation
- Intervention: Positioning, Nipples, Flow Rate, Swallowing, Suck-Swallow-Breathe, Care Plans, Breastfeeding
- Transition to home: Follow-Up Issues, Parent Support, Problem-Solving After Discharge

Instructional Level: Intermediate

Content: Professional

Contact hours: 13.0, **ASHA CEUs:** 1.3

Seminar 830 am - 430 pm both days

Register 745 am - 815 am day one

Comments from Participants

- ✓ "Both speakers are fantastic teachers. This is a rare experience." *Kim Z., SLP*
- ✓ "Great design of lectures, excellent videos, current research!" *Emily B., SLP*
- ✓ "This was the best conference I've been to in a long time." *Sarah W., SLP*

PEDIATRIC SWALLOWING AND FEEDING: *The Essentials*

INSTRUCTORS: Catherine Shaker, Theresa Gager

Comprehensive two day seminar covering assessment and treatment of swallowing/oral-motor/feeding from a problem-solving perspective. Neonates through school age. Current approaches, case studies. Videos to enhance learning. Essential skills for pediatric practice and problem-solving complex cases. Rated "excellent" in feedback received from both highly experienced therapists and new grads! Multiple learning levels.

Learning Outcomes

- Delineate normal swallowing (neonate -> adulthood)
- Describe the impact of atypical neuromotor development on oral-motor/feeding/swallowing
- Provide current treatment strategies for neonates/medically-fragile infants, babies, CP, sensory issues, feeding aversions, the "minimally" involved, droolers, tube fed, oral-motor
- Describe airway, breathing and flow rate issues that impact safety of feeding and intake
- Identify key criteria for nipples, bottles, spoons, cups.
- Describe a wide variety of intervention and problem-solving techniques, neonate->school-aged
- List key indicators to refer for a swallow study, what to expect, how to utilize information

Seminar Content

- Frame of reference: normal, atypical development
- Impacts on feeding/swallowing: airway, respiration, GI, sensory, behavior, postural issues
- How does the swallow change: neonates-> adulthood
- Assessment: Problem-solving babies -> school-aged
- Swallow Studies: Why, What to expect, Results
- Intervention and Problem-Solving
 - Positioning/Handling
 - Tactile sensory, preparation for oral exploration, feeding and sound production, Oral-Motor
 - NMES/Vital Stim applications in pediatrics
 - Diet and texture changes
 - Biting and chewing progression
 - Nipples, bottles, cups, spoons: what and why
 - Sensory-behavioral feeding issues, approaches
 - Tube-fed kids: weaning
 - Premies: key diagnostics and strategies

Instructional Level: Intermediate

Contact hours: 13.0, **ASHA CEUs:** 1.3

Content: Professional

Seminar 830 am - 430 pm both days

Register 745 am - 815 am day one

PEDIATRIC VIDEOFLUOROSCOPIC SWALLOW STUDIES:

From Physiology to Analysis

INSTRUCTOR: Catherine Shaker

Extensive information for conducting and interpreting pediatric swallow studies. Procedures in preparation for and during the study. Recommendations and optional treatment modalities will be highlighted. A pediatric history and report format will be provided. Videos of normal swallowing and typical radiographic swallowing problems will be shown and discussed. Feedback from an SLP noted "Phenomenal up-to-date compendium of information and pediatric videos!" See for yourself!

Learning Outcomes

- Describe normal radiographic swallowing behaviors in pediatrics (neonate -> 5 years)
- Delineate differences between pediatric and adult studies
- Describe optimal procedures for pediatric patients
- Describe typical problems and compensations used in pediatrics
- Discuss recommendations and highlight treatment modalities specific to the pediatric population

Seminar Content

- Pediatric vs. Adult studies
- Criteria for referral & readiness for swallow study
- Preparing the family
- Normal swallowing physiology: Birth -> Adulthood
- Protocol/Positioning/Textures
- Typical problems/Modifications, Strategies
- Analysis, Recommendations/Treatment Modalities

Instructional Level: Intermediate

Contact hours: 6.5; **ASHA CEUs:** .65

Content: Professional

Seminar 830 am - 430 pm

Register 745 am - 815 am

Comments from Participants

- ✓ "Well-rounded, highly informational. Handouts excellent." *Lisa R., SLP*
- ✓ "Comprehensive, and evidence-based." *Laura S., SLP*
- ✓ "Very functional and informative. Dynamic speakers!" *Gretchen L., SLP*
- ✓ "Shared relevant literature and tons of clinical experience!" *Laura W., SLP*
- ✓ "Extremely knowledgeable speakers with the ability to engage the audience!" *Jo P., SLP*

NICU FEEDING FRUSTRATIONS: A Cue-Based Approach for the Entire Team

Instructors: Catherine Shaker, Suzanne Thoyre

Finally, a common language about feeding for your NICU team! Learn the key components of an effective cue-based approach that is essential to collaborative feeding practice. Infant-focused versus volume-focused feeding. Review research about the preterm's feeding skill acquisition, the role of experience, growth, dynamic systems theory, and feeding outcomes after intensive care. View engagement, physiologic stability, oral-motor, swallowing, coordination of s-s-b based on infant cues via videotaped feedings. Gain confidence using the Early Feeding Skills Assessment Tool, which profiles skills that are not evident, emerging or established. Use that info to plan individualized interventions that work for the entire team. Learn the components of a gentle feeding approach that can be adapted minute by minute. Interdisciplinary group problem-solving that addresses some of the common problems encountered by team members. Receive training in use of the Early Feeding Skills Checklist and several take home resources for continued learning and implementation into their NICU. A common sense approach to feeding and a new direction for your team! Bring your team!

Learning Outcomes

- Discuss outcomes related to feeding in preterms
- Describe the scoring process for the EFS
- Describe application of the EFS to a cue-based feeding approach and problem-solving
- Identify 6 infant cues of stress during feeding specific to physiology, swallowing and feeding
- Score and profile infant feeding specific to readiness, physiologic stability, oral-motor, & swallowing

Seminar Content

- Dynamic systems theory applied to feeding
- Preterm infant feeding skill development
- Systematic assessment using the EFS
- Scoring practice via videoed feedings
- Application of EFS to intervention and use in your unit

Instructional Level: Advanced

Contact hours: 13.0; **ASHA CEUs:** 1.3

Content: Professional

Seminar 830 am - 430 pm both days

Register 745 am - 815 am day one

TRACHEOSTOMY AND SWALLOWING Pediatrics to Adults

Instructor: Michele Clouse

Want to hear the essentials about trachs from an expert? Learn about the unique challenges faced by the tracheostomized child and adult in relation to swallowing. Focus on how the "plumbing" of the swallow can be altered by a tracheotomy. Consider clinical and instrumental assessment, speaking valve use, & a variety of interventions to provide appropriate, safe and effective means to oral nutrition. You will experience a hands-on learning experience with tracheostomy tubes, and speaking valves. Videos and case studies. This seminar has been sold out every year! "The hands-on with tubes and problem-solving were immediately applicable. Now I feel like I can manage trachs!" said an attendee.

Learning Outcomes:

- Describe the anatomy & physiology of a child and adult with a tracheotomy
- Discuss changes that a tracheostomy tube imposes on normal swallow function
- Demonstrate ability to assess complex swallow dysfunctions in this population
- Identify intervention techniques to optimize normalization of swallowing function after trach
- Identify and manipulate various tracheostomy tube components and speaking valves

Seminar Content:

- Tracheostomy tube basics
- Adult swallow: normal anatomy & physiology
- Tracheostomized adult's swallow function
- Pediatric swallow: normal anatomy and physiology
- Tracheostomized child's swallow function
- Hands on with trach tubes and models and valves
- Assessment (where, when, who, what, how, protocols, MBS)
- Treatment (traditional dysphagia interventions, speaking valve, sensory, team, nutrition)
- Questions/Discussion

Instructional Level: Intermediate

Contact Hours: 13; **ASHA CEUs:** 1.3

Content: Professional

Seminar: 830 am - 430 pm both days

Register: 745 am - 815 am day one

LOCATIONS:

Pediatric Resources Inc. is not affiliated with any of the hosting sites. Information about room location at these facilities, parking and nearby hotels can be requested via e-mailing pediatricseminars@gmail.com and will be included in confirmation.

Los Angeles, CA: Children's Hospital Los Angeles
Sacramento, CA: UC Davis Medical Center
Dallas, TX: Baylor Medical Center
Chicago, IL: Resurrection Medical Center
Boston, MA: Tufts Floating Hospital for Children
Yonkers, NY: Seton Pediatric Center
Sewell, NJ (Philadelphia area): Weisman Children's

SEMINARS WORTH YOUR INVESTMENT!

Our seminar attendees overwhelmingly say they would recommend our seminars to their colleagues! Join us for a valuable & practical educational experience soon!

- ✓ "Loved the handouts and videos. Packed with great ideas, case studies!" Nancy W., SLP
- ✓ "I received state-of-the-art and extremely functional information!" Cynthia V., SLP
- ✓ "I've attended several other feeding courses and yours is the best!" Julie M., SLP
- ✓ "The best money I have spent on continuing ed in years!" Stephanie S., SLP
- ✓ "Very useful and effective information. Qualified and credible speakers!" Rebecca D., SLP
- ✓ "Current information backed by research & cited with resources. Great conference!" Mary, SLP

CEU OPPORTUNITIES

Interested in having your facility host our seminars?

Ideal on-site continuing education for staff by expert instructors with practical experience.

**Contact: Catherine Shaker
(407) 217-2959**

REGISTRATION FEES:

Fee includes seminar, beverage breaks, handout materials and certificate of completion.

➤ **Early Bird Registration fee:**

Applies if **postmarked at least 14 days before** seminar date. Otherwise, only on-site registration possible. See fee below.

➤ **On-Site Registration fee:**

On site required if not postmarked 14 days before seminar. Call 407-217-2959 to assure space available. See fee below. On site: Cash or corporate check only

NICU Swallowing and Feeding

Mail Registration: \$ 370, On-Site: \$385

Pediatric Swallowing/Feeding

Mail Registration: \$370, On-Site: \$385

Pediatric Swallow Studies

Mail Registration: \$250, On-Site: \$265

Tracheostomy and Swallowing

Mail registration: \$370, On-Site: \$385

NICU Feeding Frustrations

Mail registration: \$370, On-Site: \$385

PAYMENT

By Mail: Check only.

No purchase orders.

No credit card registrations.

On-Site: Cash, corporate check.

No personal checks on site.

For further information contact:

Pediatric Resources Inc.

P O Box 1682

Windermere, FL 34786-1682

(407) 217-2959

e-mail: peditricseminars@gmail.com

CANCELLATION POLICY

Tuition will be refunded, less a \$25 processing fee, if notification is received *up to 3 weeks prior* to the seminar. If *less than 3 weeks* prior to seminar, no refund; may apply to future seminar or send substitute attendee. **Pediatric Resources Inc.** is not responsible for any adverse events relating to travel to the seminar. We reserve the right to cancel the event 21 days prior to seminar date with full refund of tuition; not responsible for travel or other expenses.

CONFIRMATION

Registrations are confirmed by e-mail unless Self Addressed Stamped Envelope sent with payment

The use of electronic recording equipment of any kind is prohibited.

APPROVED PROVIDER



Pediatric Resources, Inc is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Disclosures: Speakers have no relevant financial or non-financial relationships to disclose

**Watch for website under construction:
www.ShakerSwallowingandFeeding.com**

REGISTRATION FORM

Register Early! Space is limited!!

NICU SWALLOWING AND FEEDING

- | | | | | |
|--------------------------|------------|----------------|-------|---------------|
| <input type="checkbox"/> | June 26-27 | Sacramento, CA | \$370 | \$385 onsite |
| <input type="checkbox"/> | July 15-16 | Dallas, TX | \$370 | \$385 onsite |
| <input type="checkbox"/> | Oct 8-9 | Sewell, NJ | \$370 | \$385 on site |
| <input type="checkbox"/> | Oct 27-28 | Yonkers, NY | \$370 | \$385 on site |

PEDIATRIC SWALLOWING/FEEDING

- | | | | | |
|--------------------------|------------|----------------|-------|--------------|
| <input type="checkbox"/> | June 23-24 | Sacramento, CA | \$370 | \$385 onsite |
| <input type="checkbox"/> | July 12-13 | Dallas, TX | \$370 | \$385 onsite |
| <input type="checkbox"/> | Oct 5-6 | Sewell, NJ | \$370 | \$385 onsite |
| <input type="checkbox"/> | Oct 24-25 | Yonkers, NY | \$370 | \$385 onsite |

PEDIATRIC SWALLOW STUDIES

- | | | | | |
|--------------------------|---------|----------------|-------|--------------|
| <input type="checkbox"/> | June 25 | Sacramento, CA | \$250 | \$265 onsite |
| <input type="checkbox"/> | July 14 | Dallas, TX | \$250 | \$265 onsite |
| <input type="checkbox"/> | Aug 10 | Chicago | \$250 | \$265 onsite |
| <input type="checkbox"/> | Oct 7 | Sewell, NJ | \$250 | \$265 onsite |
| <input type="checkbox"/> | Oct 26 | Yonkers, NY | \$250 | \$265 onsite |

TRACHEOSTOMY AND SWALLOWING

- | | | | | |
|--------------------------|--------------|---------|-------|--------------|
| <input type="checkbox"/> | August 13-14 | Chicago | \$370 | \$385 onsite |
|--------------------------|--------------|---------|-------|--------------|

NICU FEEDING FRUSTRATIONS

- | | | | | |
|--------------------------|--------------|-------------|-------|---------------|
| <input type="checkbox"/> | May 19-20 | Los Angeles | \$370 | \$385 onsite |
| <input type="checkbox"/> | August 11-12 | Chicago | \$370 | \$385 on site |
| <input type="checkbox"/> | Sept 22-23 | Boston, MA | \$370 | \$385 onsite |

Name _____

Address _____

Phone _____

E-Mail _____

Employer _____

Enclose: Registration form and check. No POs.

Payable to and Mail to: *Pediatric Resources Inc.*
P O Box 1682 Windermere, FL 34786-1682

Contact Info: e-mail: peditricseminars@gmail.com
Phone: (407)217-2959